



INTEGRATED INTERNATIONAL CONCLAVE

Bridging Traditional Systems of Medicine for Global Health

19 & 20 June 2026

AYUSH for One Health
Human, Animal & Environmental Wellness



AYURVEDA



YOGA &
NATUROPATHY



UNANI



SIDDHA



HOMOEOPATHY

An Initiative of



Sri
SAI RAM

MEDICAL COLLEGES & RESEARCH CENTRES

for SIDDHA, AYURVEDA & HOMOEOPATHY

NABH Accredited & NCISM/NCH - QCI - NABET 'A' & 'A+' Rated Institutions

West Tambaram, Chennai - 44, Tamilnadu, India

www.saimedical.com



About the Institution

Sri Sairam Medical Colleges & Research Centres for Siddha, Ayurveda, and Homoeopathy stand as pillars of excellence in traditional medical education. With a rich legacy spanning 25 years of excellence, these institutions are dedicated to nurturing the next generation of healthcare professionals through a blend of ancient wisdom and modern scientific rigor. Located in West Tambaram, Chennai, our campuses are home to NABH Accredited and NCISM/NCH-QCI-NABET 'A' & 'A+' Rated Institutions. We pride ourselves on Academic Leadership, Quality Healthcare, Global Standards and Social Responsibility. Our mission remains to inspire people and improve processes, ensuring that traditional systems of medicine are positioned as primary solutions for global health.

About the Conference

The Sairam AYUSH FOR LIFE-2026 is an Integrated International Conclave dedicated to "Bridging Traditional Systems of Medicine for Global Health". This year's theme, "**AYUSH for One Health**," focuses on the vital intersection of Human, Animal, Environmental Health and Wellness. The conference serves as a high-impact scientific platform to position Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homoeopathy as comprehensive solutions within the modern healthcare framework. By fostering medico-interdisciplinary collaboration and showcasing innovations in health care and technology, the event aims to encourage sustainable and preventive healthcare rooted in traditional knowledge.

Invitation

SAIRAM AYUSH FOR LIFE 2026

Integrated International Conclave
Ayurveda | Yoga & Naturopathy | Unani |
Siddha | Homoeopathy

Cordially invites
**ACADEMICIANS, CLINICIANS, RESEARCHERS,
STUDENTS, AND PROFESSIONALS**
to participate in the conference scheduled on
19 & 20 June 2026
at **Sai Ram Institutions Campus,**
West Tambaram, Chennai - 44.

Participating AYUSH Systems

- Ayurveda
- Yoga & Naturopathy
- Unani
- Siddha
- Homoeopathy

Objectives

- Positioning AYUSH as a comprehensive solution for integrated human, animal, and environmental health.
- Encouraging sustainable and preventive healthcare through traditional knowledge systems.
- Enhancing interdisciplinary collaboration within the One Health framework.

Highlights of the Conference

- High-impact Scientific Sessions
- Innovation and technology in AYUSH
- Medico–interdisciplinary collaboration
- Research methodology and academic excellence
- Oral, poster presentations
- Student engagement and leadership development

Call for Abstracts

Abstracts aligned with the conference theme are invited for oral and poster presentations. Submissions from students, academicians, researchers, and practitioners are welcome.



Sairam
AYUSH for LIFE
2026

Guidelines

- Only registered participants are eligible for abstract submission
- Maximum abstract length: 300 words (Font: Times New Roman, Size: Heading 14 points, Content 12 points)
- Abstracts must be structured: Introduction, Objective, Methodology, Results, Conclusion, Acknowledgements
- Selected abstracts will be presented orally (5+2) minutes
- Organizer decisions are final
- Accepted papers will be considered for publication in the conference proceedings with ISBN

Conference Tariff (Two Days)

(Complimentary lunch and snacks will be provided)

UG & PG Candidates: INR 1000

Practitioners & Faculty: INR 1200

Advertisement Tariff

Front Cover Inner (Colour): Rs. 75,000

Back Cover Inner (Colour): Rs. 60,000

One Page Inner (Colour): Rs. 50,000

One Page Inner (B/W): Rs. 30,000

Registration Procedures

General Instructions

Step 1: Pay the Registration Fees

Step 2: Send abstract to the respective email ID (if applicable)

Step 3: Fill and submit the Registration Form

Step 1 : Pay the Registration Fees

Bank: City Union Bank
Account Name: SAIRAM AYUSH CONFERENCE
Account No: 500101012320263
IFSC: CIUB0000634
Acc Type: Savings
Branch: Poonthandalam

Step 2 : Abstract Submission to the respective Email IDS

Siddha: abstract.siddha@saimedical.com
Ayurveda: abstract.ayur@saimedical.com
Homoeopathy: abstract.homoeo@saimedical.com
Yoga: abstract.yoga@saimedical.com
Unani: abstract.unani@saimedical.com

Step 3 : Fill & Submit the Registration in Google Form:

<https://sairamayur.edu.in/ayush-registration-form/>

Last Date for Abstract submission: **10.06.2026**

Last Date for Registration: **10.06.2026**



For details, contact (sairamayush2026@saimedical.com)

Ayurveda:

Dr. Govardhan Sahani J, Asso. Professor
Sri Sairam Ayurveda Medical College & Research Centre
Mobile : **96297 26841**

Yoga & Naturopathy :

Dr. R. Arunthathi, Asst. Medical Officer / Lecturer
Government Yoga & Naturopathy Medical College, Chennai
Mobile : **99767 68329**

Unani :

Dr. V. Habibullah, Professor & Vice Principal
Government Unani Medical College,
Chennai
Mobile : **98411 96001**

Siddha:

Dr. S.Mary Princess Sulekha, Professor
Sri Sairam Siddha Medical College
& Research Centre
Mobile : **99446 27067**

Homoeopathy:

Dr. S. Mahalakshmi, Professor
Sri Sairam Homoeopathy Medical College
& Research Centre
Mobile : **97875 33999**

International Speakers



Dr. (Mrs) W.J. Wickramarachchi
H.O.D. Desheeya Chikitsa,
Gampaha Wickramarachchi University of
Indigenous Medicine, Srilanka.



Liew Wai Fong (Yoga Sri)
Diploma in Psychology – HELP University
Diploma in Psychology – Flinders University
Certified Isha Hatha Yoga Teacher, Malaysia.



Dr. Mushtaq MD (UNANI)
Senior Registrar
Ayurveda National Hospital
Colombo, Sri Lanka



Dr. V. Anavarathan
Faculty of Siddha Medicine,
Member of International Advisory Board,
Trincomalee Campus, Eastern University, Sri Lanka.



Dr. S. Ushakanthan
Faculty of Siddha Medicine,
Trincomalee Campus
Eastern University, Sri Lanka.



Dr. Ibrahim Usman Mhaiker
MD(HOM), PHD Scholar
Associate Professor
Dean, School of Traditional and Complementary Medicine,
Faculty of Health, University of Cyberjaya, (UCO), Malaysia.

National Speakers

Dr. P. Bharathajothi

Vice Chancellor (i/c), Tamil University, Thanjavur

Dr. P. K. Sudhir

Vice Chancellor, Vinayaka Mission University,
Salem

Dr. Parlapothula Hemantha Kumar

Pro Vice Chancellor

Head, Department of Shalya Tantra
National Institute of Ayurveda, Jaipur

Dr. Zaheer Ahamed

Director General, CCRUM,
Government of India, New Delhi

Dr. Subhash Kaushik

Director General, CCRH, New Delhi

Dr. P. Sathya Rajeshwaran

Assistant Director (Siddha), Scientist–III
Siddha Regional Research Institute,
Puducherry

Dr. A. Rajendra Kumar

Research Officer (Siddha), Scientist–III,
Headquarters of Central Council for Research
in Siddha, Chennai

Dr. S. Chitra

Assistant Director, S4, CCRAS, Chennai

Dr. Inbaraj

Research Officer, CCRYN, New Delhi

Dr. M. Meenakshi Sundaram

Dean (i/c), Professor & HoD, National Institute of Siddha, Chennai

Dr. Mohd. Aleemuddin Quamari

National Institute of Unani, Bangalore

Dr. G. Sivaraman

Managing Director, Arogya Healthcare Pvt. Ltd.Chennai

Dr. R. Kannan

President, IMPCOPS, Chennai

Dr. N. Punniamurthy

EVM Consultant, AH Group, NDDB
Former Head, EVM Herbal Research Centre,
Professor Emeritus, Transdisciplinary, TANUVAS University, Bengaluru

Prof. Dr. Narayan G. Shahane

Medical Director, Brahma Ayurveda Multispeciality Hospital,
Research & Academic Centre, Nadiad, Gujarat

Dr. B. T. Rudresh

President, Karnataka Board of Homoeopathy System

Prof. Dr. V. Habibullah

Vice Principal, Government Unani Medical College, Chennai

Prof. Dr. Juhi Gupta

Faculty of Human Physiology, Government Homoeopathic
Medical College & Hospital, Bhopal

Dr. K. Maheshkumar

Lecturer, Gr. II, Government Yoga & Naturopathy, Chennai

Dr. R. Valavan

Head, Scientific Medical Regulatory Affairs, Schwabe, India



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